

DECEMBER 2012 HEALTHY RECIPES:

THE "HOLIDAY LUNCHBOX SNACK," WILL PROVIDE YOU WITH A LIGHT SNACK MADE BY USING 2 VEGETABLES THAT PROVIDE A SALTY AND SWEET APPROACH TO SNACKING. IF YOU ARE INTERESTED IN THE RECIPE, PLEASE SEND A \$5.00 DONATION INDICATING YOUR REQUEST TO RECEIVE "HOLIDAY LUNCHBOX SNACK" RECIPE, ALONG WITH A SELF ADDRESSED ENVELOPE TO:

THE HOUSE THAT WISDOM BUILT (THTWB)  
2126 LEE ROAD SUITE 10  
CLEVELAND HEIGHTS, OHIO 44118  
ATTN: HEALTH AND NUTRITION

YOUR DONATION WILL BE USED TO HELP SUPPORT THTWB'S FOOD PROGRAM. MORE RECIPES TO COME!